



CANADIAN SPORT MASSAGE THERAPISTS ASSOCIATION
ASSOCIATION CANADIENNE DES MASSOTHÉRAPEUTES DU SPORT

CSMTA 2010 Fall Conference and AGM in Edmonton

“Massage Therapy’s Role in Returning Individuals to Activity”

Thursday October 21, 2010

CSMTA Certification Exam: Time and location TBD

Friday October 22, 2010

Board meeting: 9:00am - 5:00pm

Annual General Meeting: 7:00pm - 9:00pm
All CSMTA Members are encouraged to attend
Guests are also welcome

Post-Event Social: 9:00pm - 10:30pm
Stay around for some refreshments, socializing and displays

Saturday October 23, 2010 (30 minute breaks 10:30-11:00 and 3:00-3:30)

Registration: 8:30am – 9:00am

Workshop A: 9:00am -12:30pm **“Joint Replacement – A Surgical Perspective”**
- *Dr. Greg O’Connor – Orthopaedic Surgeon*

Workshop B: 9:00am -12:30pm **“Mobilisations of Muscles of the Upper Body”** -
- *Charlie Kelly - Physiotherapist*

Lunch: 12:30pm -1:30pm provided

Workshop A: 1:30pm - 5:00pm **“Joint Replacement – A Rehabilitation Perspective”**
- *Yvonne Forman – Team Leader Arthroplasty*
- *Dana Downing – Physiotherapist from OHARP*
- *Kip Petch – Sport Massage Therapist*

Workshop B: 1:30pm - 5:00pm **“Mobilisations of Muscles of the Upper Body”** -
- *Charlie Kelly – Physiotherapist*

Pre-Banquet Social: 6:00pm - 7:00pm **“HAND-Y HOUR”** Drinks, Socializing and Displays

Banquet: 7:00pm - 10:00pm Dinner followed by several guest speakers. The theme is **“Celebrating Massage Therapy’s Contribution to Excellence in Sport”**. Special guests in attendance, from novice to high level athletes, will speak about how our profession - Massage Therapy - positively impacted them in their sport careers.

Sunday October 24, 2010 (30 minute breaks 10:00-10:30 and 2:30-3:00)

Registration: 8:00am – 8:30am

Workshop C: 8:30am – 12:00pm **“Sprains, Strains and other Orthopedic Conditions”**
- *Jonathan Maister – Sport Massage Therapist*

Workshop D: 8:30am – 12:00pm **“Mobilisations of Muscles of the Lower Body”** -
- *Charlie Kelly - Physiotherapist*

Lunch: 12:00pm – 1:00pm provided

Workshop C: 1:00pm - 4:30pm **“Pearls of Sport Massage Experience”** –
several highly experienced CSMTA Sport Massage Therapists share their effective techniques and proven approaches.

Workshop D: 1:00pm - 4:30pm **“Mobilisations of Muscles of the Lower Body”** -
- *Charlie Kelly - Physiotherapist*

Location: Ellerslie Rugby Park,
11004 Ellerslie Road, SW Edmonton, Alberta
780-988-5245

Please note:

**Full Conference Participants may choose either Workshop A or B Saturday, and either C or D Sunday.*

**Partial Conference Participants may choose to take either all day Saturday or Sunday workshops but they may not take half-day workshops.*

**Workshop B & D are designed so that participants can take BOTH or EITHER of these workshops.*

***See you in Edmonton in October for a wonderful
educational and social experience!***