

## **CSMTA Profile**

### **Kim Mark-Goldsworthy B.Ph.Ed., R.M.T., S.M.T.(C)**

Kim Mark-Goldsworthy is a Registered Massage Therapist licensed to practice in British Columbia. She has been in continuous practice in Victoria since 1995. She has a Physical Education Degree from Brock University (1993) and a Diploma of Massage Therapy from the Canadian College of Massage and Hydrotherapy (CCMH) in Ontario (1995).

As a part of the Canadian Medical Team, Kim was selected to attend the 2007 Pan Am Games in Rio de Janeiro, Brazil and the 2008 IAAF World Junior Championships (Track and Field) in Bydgoszcz, Poland. She was also selected as the first alternate Massage Therapist to the Canadian Medical Team for the 2005 FISU Summer Universiade in Izmir, Turkey.

Kim works with many athletes including Rugby (National and Provincial), Athletics (National), Badminton (National) and the Victoria Salmon Kings ECHL hockey team. Other athletes in Kim's care participate in gymnastics, marathon, rowing, triathlon, volleyball, cycling, field hockey, soccer, softball, swimming and curling. She has attended the following International sporting events as a member of the host medical team:

- Men's World Curling Championships, Victoria, British Columbia, 2005
- 8th IAAF World Championships in Athletics, Edmonton, Alberta, August 2001
- ITU Triathlon World Championships, Edmonton, Alberta, July 2001
- XIII Pan Am Games, Winnipeg, Manitoba, July – August 1999

Kim is the Vice-President of the CSMTA and has been a member of the Executive Committee since 2002. She has also been a Board Member of SportMed BC from 2003-2008.

Kim works hard to balance being a mother of two, a busy practice, continuing education, and professional committee involvement. Throughout her life, her active participation in a broad array of sports including volleyball, badminton, athletics, ringette and rowing have given her the understanding of the demands and pressures of competitive sports. In her spare time, Kim currently enjoys mountain biking, hiking and ice hockey.